



Fast Start: Program Materials 2018-2019

In addition to the 2018-2019 Local Unit Packet resource folders filled with useful materials for running your PTA, this year's packet includes Illinois & National PTA Program Materials which are ready for you to use right away. Here's what is included in the program materials:

Illinois PTA Programs

- **Health and Wellness Fair:** Illinois PTA's newest program walks you through the process to plan a Health and Wellness Fair at your school, including focus ideas, vendor and association suggestions, and sample letters to vendors, participants, and parents.
- **Kindergarten Kickoff:** How to have a fear-free, tear-free first day of school. This program describes how to host an evening for incoming kindergartners to introduce them to their new school, staff, and procedures so the first day of school is familiar and welcoming.

National PTA Programs – Source: National PTA www.pta.org

- **Connect for Respect:** Research shows that one of the most effective ways to prevent bullying behavior is to create a positive school climate. School climate encompasses everything that contributes to a student's experience with a school—from the physical building to policies, staff and peer culture.
- **Family Reading:** It doesn't have to be National Reading Month to host a PTA Family Reading Experience. Check out National PTA NEW, interactive approach that engages the whole family in reading activities.
- **Healthy Lifestyles Month – November:** PTA's nationwide are encouraged to plan healthy student events and family activities throughout the month of November as a way to kick off their year-long commitment to creating healthy and safe places for kids to learn and thrive.
- **National PTA School of Excellence** is a recognition program that supports and celebrates partnerships between PTAs and schools to enrich the educational experience and overall well-being for all students.

