# FRIDAY, MAY 3, 2019

## 9:00a – 10:00 am Convention Orientation:

## **Getting the Most Out of Your Convention Experience**

This workshop is recommended for **FIRST TIME CONVENTION ATTENDEES**! Navigating the many opportunities that await you at this year's convention can be overwhelming, so let us help. We'll cover what you received at registration, and what you need it for. Attending workshops, which one? Understand how General Session is conducted and by the way, *"Why are there 3 microphones set up in there?"* Take a guided tour of the facility. Let's not forget, HAVE FUN!

Presenter: Carolyn McCarty, Vice President of Field Operations

# WORKSHOPS – SESSION 1

### <u>10:00 – 11:30 am</u>

#### Advocacy 101: The Basics of How to Advocate for Your Child/ Road to a Resolution: Turn an Issue into a Solution

What does it mean to advocate the PTA way? How can you advocate at the local level for your child? What issues surrounding your children concern you the most: child safety, school funding, health and wellness? Participants at this workshop will learn advocacy basics and walk through the stages of development of an Illinois PTA Resolution, focusing on efforts to bring about solutions to real concerns.

Presenters: Lisa S. Garbaty, Legislative Advocacy Director; Wendy Powers, Resolutions Director Barb Quinn, National Legislation Consultant

### Developing Your Board—Creating Your Dream Team

Looking to build a more successful board? This interactive workshop, based on leadership expert John Maxwell's work, will give you hands-on experience and tools to keep your mission in focus, build a stronger team, strengthen your PTA's purpose, and enlighten your leadership team to its true potential. Have fun learning activities to build your board's ability to work together as a team.

Presenter: Leslie Boggs, National PTA President-Elect, Certified John Maxwell Coach, Trainer, and Speaker

### PTA 101 Road to Success

Do you have the keys that are necessary to make your PTA the best it can be? Follow the road to success by learning about PTA policies, structure, governance, and parliamentary procedure. This workshop is essential for all PTA officers and future officers. Anyone can find something useful in this workshop. Presenter: Kristin Kramer, Illinois PTA President-Elect

### Developing Social Emotional Skills: Connecting Home and School Strategies

Children require a broad array of skills, attitudes, and values to succeed in school, careers, and in life. Skills such as paying attention, setting goals, and collaboration; attitudes such as internal motivation and perseverance; and values such as responsibility, honesty, and integrity. They require the abilities to think critically, consider different views, and problem solve. These social, emotional, and academic capacities are increasingly in demand. Just as some students develop at different paces academically, the same is true for social emotional skills. The difference is that students can be tested and evaluated for academic progress, but there is no "test" to understand where students are in their social skills. Evaluating a student's progress in SEL skills takes observation. This session will provide a resource to guide participants in observing students' SEL skills and reflect on strategies to develop progression through social emotional skills that can be utilized at school and home.

Presenter: Lisa Ward, ISU/Center for Educational Initiatives

# FRIDAY, MAY 3, 2019

## WORKSHOPS – SESSION 2

### 2:30 - 3:30 pm

#### **Ignite Your PTA**

Looking for new ideas for your PTA? Struggling with fundraising, informing parents, or other issues? This workshop will share proven ideas from PTA leaders across the state in a series of short talks about how their PTA solved a problem, created a program, or found a better way to do things.

Facilitator: Nore Walton, National PTA Service Representative

#### **MemberHub Tour**

Let's go online together and take a trip around the PTA tab on your MemberHub site. Learning the WHO, WHAT, WHERE, WHEN, WHY and HOW will keep your PTA in Good Standing. Ready to register your officers for 2019-2020? Have an audit to submit? Insurance document needs to be updated? Your PTA's 990 filing needs to be entered? We will show you how to get it all reported. If you have your document with you, we will do it while you are here. Bring your own laptop or we will have a limited number of Chromebooks available to use.

Presenters: Kristin Kramer, Illinois PTA President-Elect; Carolyn McCarty, Vice President of Operations; Jen Ratkovich, Northwest Cook Region Director

#### Growing Opportunities: Team Building and Experiential Learning in School Gardens

School and community gardens take many shapes and forms, from growing vegetables and flowers to building "rest stops" for migrating butterflies; but ALL gardens lead to hands-on, cross-disciplinary, project-based, collaborative learning. School gardens also build community within the school, within the neighborhood, and with the larger community and school district. This workshop will offer an overview of the benefits of building, maintaining, and teaching with a school garden and offer specific guidelines to secure funding and collaboration from all stakeholders. Attendants will take home seeds of wisdom and a few seeds to get the garden started. Join us for a lively interactive session that will grow your understanding and enthusiasm for school gardens.

Presenters: Lisa Brennan, Illinois PTA Environmental Concerns Director, and Carol Frekerer, Willoughby Heritage Farm and Conservation Center Supervisor

#### Money Matters 101 (Until 4:00)

This course is designed to provide the necessary financial information to help PTA leaders. Topics include audits, budgets, accounting, dues, fundraising, and government reporting. Learn how to deal with pitfalls and dilemmas. This course is essential for PTA treasurers, but would benefit all PTA leaders.

Presenter: Rhonda Jenkins, Illinois PTA Treasurer

# Saturday, May 4, 2019

### 8:30 – 9:00 am Convention Orientation:

### **Getting the Most Out of Your Convention Experience**

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Presenter: Carolyn McCarty, Vice President of Field Operations

## WORKSHOPS – SESSION 3

## <u>9:00 – 10:00 am</u>

### Parliamentary Procedure: The Recipe to a Successful Meeting

Gain confidence in your ability to run an efficient and productive PTA meeting. Review a few basics of parliamentary procedure, role play making motions and participate in a mock meeting. Take away one recipe you will long remember!

Presenter: Anna Weselak, Illinois PTA Parliamentarian

### What Does it Mean to Be "Tech Savvy"

This workshop will take you into the timely subject of understanding digital citizenship for kids. *Presenter: Lisa Ward, ISU/Center for Educational Initiatives* 

### **National PTA Schools of Excellence**

Is there something at your school that you would like to improve? Is something great already happening and you want it to be recognized? Attend this workshop! Through the National PTA School of Excellence program, PTAs partner with their schools to examine how families feel the school measures up to the research-based indicators of the National Standards for Family-School Partnerships. PTAs and schools then work together to address barriers and create new ways for families to support student success. The National PTA School of Excellence designation is awarded when a PTA and school have achieved a high level of family engagement or when a PTA and school have made substantive, positive improvement in families' perceptions by the end of the school year.

Presenter: Greg Hobbs, Southern Region Director

### **Reducing Teen Pregnancy and STDs:**

### Advocating for Comprehensive Sex Education in Your School

In this workshop, attendees will learn about the state of sex education in Illinois, including information on the state law requiring sex education to be comprehensive. The workshop will also cover current data regarding teen pregnancy, STDs, and sexual activity, what a comprehensive sex education curriculum looks like, and how PTA members can advocate for similar programming at their schools. Time permitting, attendees will have an opportunity to participate in an activity from the curriculum used by the presenters!

Presenters: Talia Shaw, Health Educator, Champaign Urbana Public Health District Alyx McElfresh, Health Educator, Champaign Urbana Public Health District

# Saturday, May 4, 2019

### WORKSHOPS – SESSION 4

### 1:30 - 3:00 pm

#### **President's Course**

Are you new to this position? Wondering what in the world you said "yes" to? Here's an opportunity to find out. Learn practical tips for developing goals, working relationships, time management, and more. Leadership development and assistance will also be offered for new leaders or leaders who have been "on the job" for a while. The workshop is appropriate for presidents, vice-presidents, slated candidates, or those considering one of these positions.

Presenters: Gregg Hobbs, Southern Region Director Jen Ratkovich, Northwest Cook Region Director

#### Talking to Your Kids About Consent in the #MeToo Era

The #MeToo movement has created space for survivors to share their stories of sexual violence. The movement has also shown the need to discuss sexual consent and boundaries with children and teens. However, there are few resources that help parents and caregivers prepare for these conversations and navigate any difficulties that may arise. This presentation will break down important topics that parents and caregivers should be having with their children from pre-K to 12th grade, including safe touch, trusted adult, personal boundaries, sexual consent, and sexual harassment. It will discuss ways that parents and caregivers should prepare for these conversations, as well as barriers they may encounter. This presentation will also discuss the difference between normal sexual development and problematic sexual behavior.

Presenter: Kayla DeCant, M.Ed., Prevention Education Coordinator Champaign Urbana Rape Advocacy, Counseling & Education Services

#### Money Matters 201

Prerequisite: Money Matters 101

This workshop delves deeper into legal information you may need to be aware of in running your PTA. Topics such as unrelated business income, fundraising and games of chance (gaming), PTA as a contractor or employer, vendors, contracts, U.S. postal regulations, PTA members running for office, lobbying under the "Insubstantial Rule," and more will be covered. This course is very helpful for PTA Treasurers, as well as any other officer who wishes to be aware of possible legal pitfalls for your PTA.

Presenter: Rhonda Jenkins, Illinois PTA Treasurer

### Parents for Healthy Kids -

### How You Can Change the School Health Culture as a Parent

Wondering if your child has recess daily? Looking for fun and healthy school fundraising ideas? Want to ensure kids get to move during the school day? Parents play a crucial role in helping schools become healthier places where children thrive. Students who have daily access to healthy foods, nutrition education and physical activity in school gain lifelong healthy habits and are better prepared to learn and succeed academically. Join us for this Parents for Healthy Kids workshop and learn how you can make a difference in the health of your children and their schools. Learn how to engage with school leaders and decision makers; discover ways to build a healthier school culture; find ideas for bringing more physical activity and healthy eating to the school day; connect with like-minded parents and get tips and recipes for reinforcing healthy habits at home.

Presenter: Ryan Monroe, Illinois State Coordinator Action for Healthy Kids

# WORKSHOPS – SESSION 5 Saturday, May 4, 2019

# <u>3:15 – 4:30 pm</u>

#### Programs 123

Looking for a new program? PTA has many ready to use programs that you can implement with little or no cost...STEM + Families, School of Excellence, and more. COME READY TO SHARE a successful program or two your PTA has held and to have a little fun with a couple of hands on activities.

Presenter: Rhonda Jenkins, Illinois PTA Treasurer

#### **MemberHub Tour Encore**

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Presenters: Kristin Kramer, Illinois PTA President-Elect; Carolyn McCarty, Vice President of Field Operations; Jen Ratkovich, Northwest Cook Region Director