

# RESOLUTIONS

## SAMPLE AND TEMPLATE



### 2013 Resolution on Energy Drinks

First, the "Whereas" clauses: this is where you make your case!

Here is where you:

- Explain the problem;
- Document the issue or harm; and,
- In general, illustrate the need for action.

**WHEREAS**, the Illinois PTA Legislation Platform Section 7, Protection of Children and Youth, Item a., maintains that we support adequate legislative and/or financial support for the protection, health, and welfare of children and youth; and

**WHEREAS**, Energy Drinks, which contain substances that act as nonnutritive stimulants (including, but not limited to, caffeine, guarana, and taurine) and ingredients that are not regulated and/or not properly studied, are being marketed to youths for a number of inappropriate uses; and

**WHEREAS**, researchers at the American Academy of Pediatrics have determined that Energy Drinks are not appropriate for consumption by either children or adolescents; and

**WHEREAS**, Energy Drinks are consumed by between 30-50% of adolescents and young adults; and

**WHEREAS**, Energy Drinks, which frequently contain high and unregulated amounts of caffeine, have been reported in association with serious adverse health effects, including seizures, mania, stroke and sudden death; and

**WHEREAS**, of the 5,448 caffeine overdoses reported in 2007 in the USA, 46% of those occurred in those younger than 19 years old; now therefore be it

The call to action in the Resolved Clauses may include:

- Providing Information

- Working with other organizations

- Legislation position

Then, the "Resolved" clauses: this is where you give the course of action to correct the problem!

**RESOLVED**, that the Illinois PTA and its constituent bodies disseminate information with respect to health concerns related to energy drinks to its constituent bodies; and be it further

**RESOLVED**, that the Illinois PTA will work with other like-minded organizations to raise awareness of the dangers inherent in the ingestion of energy drinks; and be it further

**RESOLVED**, that the Illinois PTA encourage local school districts to prohibit the sale and distribution of Energy Drinks at school and during school functions; and be it further

**RESOLVED**, that the Illinois PTA and its constituent bodies support legislation which addresses the negative effects of energy drinks on children and youth, by: requiring accurate labeling, including the stimulants they contain; and limiting the availability of these drinks to children and youth.

## **RESOLUTION TEMPLATE**

**Resolution on** \_\_\_\_\_

WHEREAS, Section\_\_\_\_\_, Item\_\_\_\_\_, (*you may list more than one*) of the Illinois PTA

Legislation Platform states\_\_\_\_\_; and

WHEREAS, (*second fact statement*)\_\_\_\_\_

\_\_\_\_\_; and

WHEREAS, (*third fact statement*)\_\_\_\_\_

\_\_\_\_\_; and

WHEREAS, (*fourth fact statement*)\_\_\_\_\_

\_\_\_\_\_; and

WHEREAS, (*fifth fact statement*)\_\_\_\_\_

\_\_\_\_\_;

now therefore be it

RESOLVED, (*indicate the action to be taken by local units, councils, and/or Illinois PTA, if applicable*)\_\_\_\_\_

\_\_\_\_\_; and be it further

RESOLVED, (*other actions, if applicable*)\_\_\_\_\_

\_\_\_\_\_; and be it further

RESOLVED, (*legislative action, if applicable*)\_\_\_\_\_

\_\_\_\_\_; and be it further

RESOLVED, (*submission to National PTA, if applicable - must meet National PTA criteria*)\_\_\_\_\_

\_\_\_\_\_.

## **RESOLUTION TEMPLATE (continued)**

Submitted by: \_\_\_\_\_

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(Name and Address of PTA or Council)

Signed by President: \_\_\_\_\_

Printed Name: \_\_\_\_\_

President's Phone Number: \_\_\_\_\_

President's Email: \_\_\_\_\_

Date of Adoption by Local Unit, Region or Council\_\_\_\_\_

Resolution Contact Person information:

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E Mail: \_\_\_\_\_