## Social-Emotional Learning: A Useful Tool for the Times

Due to the uncertainty of what the new normal brings for fall – (back to the classroom, the possibility of more remote learning, or split days) experts all agree our children will need more than technology and curriculum to assist with academic success, they will need a positive well-being. Illinois PTA recognizes this too and is developing a series of articles containing resources on Social and Emotional Learning (SEL).

Not sure what Social-Emotional Learning encompasses or how it impacts our children? Collaborative for Academic, Social and Emotional Learning (CASEL) and Chicago Public Schools created this information video for parents on SEL. The video aims to inform parents on SEL in schools and provide them with insights on SEL in their own parenting practices in order to support their children's social and emotional know-hows. Watch Now - English (Español)

During the month of July, we will be providing SEL resources through our social media and Weekend Update. Here is a sneak peek at what we are working on.

Part 1 - <u>Social Emotional Learning: A Win, Win for Everyone, Developing Social Emotional Skills (SEL)</u> will share evidence-based benefits of SEL which encompasses every child in the school environment and first hand experiences from educators.

As partners in the education system parents and caregivers often ask how they can help. Part 2 - <u>Adding Families to the Mix</u>, will provide practical ways for families to foster social emotional learning at home as well as supporting the efforts promoted in school.

As school districts formulate plans for the 2020-2021 school year, consideration will be given to students feeling safe, connected and inspired through learning. Part 3 - Schools Reopening, COVID 19 and Student Success, will share concrete recommendation for how states can leverage their COVID 19 response to help generate discussions with administrators, School SEL teams, and community stakeholders.

The information provided in this series is intended as a catalyst to enable local units and councils to work cooperatively with their school districts and communities to enhance and be active participants in promoting social —emotional learning.

Let's share: in the true spirit of PTA Every Child - ONE VOICE please speak out and share ideas which are fostering SEL in your schools. What barriers need to be addressed? Please send comments or suggestions to <a href="mailto:info@illinoispta.org">info@illinoispta.org</a>. Be part of the dialogue to ensure every child succeeds.